31st Conference of the EHPS:
Innovative Ideas in Health Psychology

August 29 - September 2
Padova, Italy
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### SCIENTIFIC PROGRAMME

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### PADOVA INSIDER’S GUIDE

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Dear colleagues,

It is my great pleasure to welcome you to Padova and to the 31st Conference of the European Health Psychology Society (EHPS). Before I thank the key people and groups involved in the organization of this conference, I want to share with you two important points.

First, the conference this year is hosted by the University of Padova, which is one of the oldest Universities in Europe founded in 1222. We hope that this conference will offer the delegates from different countries the opportunity to feel the sensation of this long and important university tradition, while at the same time we hope that our prestigious University will embrace the vitality of the Health Psychology community. A vitality which can be seen by the large number of participants in attendance and the richness of this year’s conference programme. This point leads to the second point.

The conference theme this year is “Innovative Ideas in Health Psychology.” The aim has been to go beyond the traditional contributions and introduce new concepts and methods. We received more than 900 abstracts from academics and practitioners in health psychology from all over the world. We also have the pleasure of hosting six high-quality workshops and each of the outstanding keynote speakers from Europe and the United States are a conference highlight (pages 6-9). Finally, the program is composed of 8 parallel sessions of 304 oral presentations and 373 posters. With these contributions we hope to highlight the importance of health psychology, which, up until now, has not been recognized as a university degree program here in Padova.

On these notes, I now want to express my sincere gratitude to all the people who have been involved in the organizing of this year’s meeting. In particular, I want to thank the members of the organising committee and the members of the scientific committee, the track chairs, Easy Conferences, our sponsors, colleagues, volunteers, friends and families for their continued support and encouragement. Finally, I want to thank the EHPS Executive Board for their collaboration and trust.

Besides all these considerations, I sincerely hope that you will enjoy this conference and, while you are here, take the time to experience the historic beauty of Padova as well as to discover a bit of the surrounding countryside.
**KEYNOTE SPEAKERS**

**Fabio Lucidi**  
Full Professor in Psychometrics,  
Department of Developmental and Social Psychology, Sapienza University of Rome  

**Keynote Title:** Social cognitive mechanisms regulating doping intention and use: research and intervention

**ABSTRACT**

Doping use is an illicit behavior which is unhealthy and intentionally adopted to achieve specific objectives or goals mainly related to performance enhancement or to aesthetic purposes.

Doping use goes well beyond the realm of high-level or professional sports. International epidemiological data from different research suggests that about 1-7% of adolescents and young adults use doping substances. The aim of the talk is to provide:

1. Some data on doping use among adolescent amateur athletes.
2. Some premises on doping and on social cognitive variables able to predict intentions to use doping. This theoretical framework provides the basis for identifying some antecedents of doping use, in order to identify target variables for intervention's programs.
3. Data from national and international research programs focusing on a general hypothesis that intentions to use doping use in young sports partly depends on athletes’ belief systems and self-regulative mechanisms.
4. Data and information about national and international intervention programs focused on doping use in adolescent and young adults.

**BIOGRAPHY**

Fabio Lucidi, PhD, is a full professor in Psychometrics since 2011, at the Department of Psychology of Development and Socialization Processes, "Sapienza" University of Rome. He has diverse research interests in the areas of health and sport psychology. His main focus is the study of the processes involved in people’s "self-regulation" of health behavior. Lucidi’s research activities have been funded from different national and international institution (e.g. Italian Ministry of Health, WADA anti-doping agency, International Olympic Committee) and he authored more than 130 scientific papers edited in international scientific journals, with high impact indexes. He has been lecturer for more than 150 scientific international and national conferences. He is in the editorial board of different national and international scientific journals. He started his teaching career since 1993, actually his teaching activity involve more than 1000 students per year, undergraduate, post graduate and doctoral. He is involved in different international collaborations with European as well as American Institutions and Universities. He is the President of the Italian Association of Psychology.

**Sherry Pagoto**  
Professor of Medicine, Department of Medicine, University of Massachusetts Medical School  

**Keynote Title:** Healthcare social media (#HCSM): A new approach to studying and promoting health behavior

**ABSTRACT**

Patients are increasingly using social media to discuss healthy and unhealthy behavior, to participate in online health communities, and to learn about their health conditions. This phenomenon is part of an emerging field referred to as healthcare social media. That patients are using social media to talk about and learn about their health provides unprecedented opportunities for both observational and intervention research in health psychology.

Observational studies using social media data can help us understand health-related attitudes and behaviors more efficiently and inexpensively than traditional survey-based methodologies. Intervention researchers can use social media platforms as a delivery modality for many behavioral interventions which could reduce patient burden and increase reach.

Dr. Pagoto will present some of her research using social media to understand and intervene upon health behaviors. Topics to be addressed include adaptation of intervention protocols for social media delivery, participant engagement, and ethical issues. Future directions in healthcare social media research will be discussed.

**BIOGRAPHY**

Dr. Pagoto is a Professor in the Department of Medicine at the University of Massachusetts Medical School. She is also a licensed clinical psychologist and co-founder of the UMass Center for mHealth and Social Media at the UMass Medical School. She is an expert in behavioral treatments for obesity and cancer prevention, both via her research and clinically. Her obesity research has focused on leveraging technology to increase the impact and reduce the cost of delivering health behavior interventions. Her cancer prevention work has focused on using social media to disseminate health messages to individuals at risk and impacting health policy. She has 4 federally funded studies on these topics. She has had federal funding for her program of research for 14 years and has published 150 papers in peer-reviewed journals. Dr. Pagoto is also co-chair of the Indoor Tan-Free Skin Smart Campus Initiative, a national initiative promoting skin cancer prevention on college campuses. She has received several awards for her work including the UMass Medical School Women in Science and Health Achievement Award in 2013, The Obesity Society Pioneer in mHealth/eHealth Award in 2014, Society of Behavioral Medicine Early Career/Young Investigator Award in 2006, and the Western Michigan University Distinguished Alumni Award in 2011. Devoted to science communication she is a frequent contributor to US News and World Report, Psychology Today, and KevinMD.com. Her work has been featured in major news outlets including CNN, NPR, NBC News, ABC News, and Good Morning America.
KEYNOTE SPEAKERS

Rory O’Connor
Professor of Health Psychology, Institute of Health & Wellbeing, University of Glasgow, Scotland

Keynote Title: Suicide as (health) behaviour: towards a psychological understanding of suicidal behaviour

ABSTRACT

Suicide and attempted suicide are major public health concerns with complex etiologies which encompass a multifaceted array of risk and protective factors. There is growing recognition that we need to move beyond psychiatric categories to further our understanding of the pathways to both. Recent approaches have conceptualised suicide as a (health) behaviour, such that an individual makes a decision to take their own life, therefore an appreciation of the psychology of the suicidal mind is central to suicide prevention.

Another key challenge is that our understanding of the factors that determine behavioural enactment (i.e., which individuals with suicidal thoughts will act on these thoughts) is limited. Although a comprehensive understanding of these determinants of suicidality requires an appreciation of biological, psychological and social perspectives, the focus in this presentation is primarily on the psychological determinants of self-harm and suicide. To address these issues, I will describe the Integrated Motivational-Volitional (IMV) Model of Suicidal Behaviour (O’Connor, 2011) which derives from health, social and clinical psychological theory. This tripartite model maps the relationship between background factors and trigger events, and the development of suicidal ideation/intent through to suicidal behaviour.

I will present a selection of research studies to illustrate how psychological factors increase suicide risk and what can be done to ameliorate such risk. The implications for the prevention of self-harm and suicide will also be discussed.

BIography

Rory O’Connor PhD CPsychol AFBPsS FACSS is Professor of Health Psychology at the University of Glasgow in Scotland and Past President of the International Academy of Suicide Research. Rory leads the Suicidal Behaviour Research Laboratory (Web: www.suicideresearch.info; Twitter: @suicideresearch) at Glasgow, one of the leading suicide/self-harm research groups in the UK. He has published extensively in the field of suicide and self-harm, specifically concerning the psychological processes which precipitate suicidal behaviour and self-harm. In addition, he is author of Understanding Suicidal Behaviour (with Noel Sheehy), co-editor of The Routledge Major Works Series on Suicide (with Keith Hawton) and of the International Handbook of Suicide Prevention (2nd edition with Jane Pirkis) and of The Routledge Major Works Series on Health Psychology (forthcoming, with Daryl O’Connor). He was also the UK National Representative for the International Association for Suicide Prevention and is a member of the American Association of Suicidology. He serves on the Scientific Review Board of the American Foundation for Suicide Prevention and is an Associate Editor of Archives of Suicide Research, Suicide and Life-Threatening Behavior and Behavior Therapy. Rory acts as an advisor to a range of national and international organisations including national governments on the areas of suicide and self-harm.

Annmarie Cano
Professor of Psychology, Associate Dean of the Graduate School, Wayne State University

Keynote Title: Partner responses to emotional disclosures of pain-related distress: Thinking outside the operant box

ABSTRACT

Health psychologists have long appreciated the effects of the social environment on health behaviors, coping with illness, and health outcomes. For instance, pain researchers have relied on operant theory to highlight the important role of significant others in reinforcing pain behaviors (i.e., illness behaviors associated with pain). Numerous studies have provided support for the operant model and behavioral treatments have been developed to teach significant others including spouses and parents to ignore pain behaviors and reinforce well behaviors in their loved ones. However, a new line of research has raised the questions about whether all pain behaviors should be extinguished to improve health and well-being.

After providing an overview of the operant model and related research support, Dr. Cano will introduce interpersonal relationships and empathy models as a way to “think outside the operant box” with respect to illness behaviors. In particular, she will consider whether some behaviors such as emotional disclosures about illness should in fact be reinforced. She will also discuss the research and clinical implications of this line of thinking and share her treatment development work based on mindfulness and acceptance strategies for couples facing chronic pain.

BIography

Dr. Annmarie Cano is a Professor of Psychology and Associate Dean of Student Services in the Graduate School at Wayne State University in Detroit, Michigan (USA). Dr. Cano was elected a Fellow of the American Psychological Association in Divisions 38 (Society for Health Psychology) and 43 (Society for Couple and Family Psychology). She has also served as Associate Editor at both Health Psychology and Journal of Family Psychology and currently sits on the editorial boards of American Psychologist and Journal of Pain. Dr. Cano conducts research on emotion regulation and intimacy processes in couples facing health problems with a particular interest in empathic interaction to promote health and well-being. She has over 60 publications and her work has been published in high impact journals including Pain and Psychological Bulletin. In 2016, Her research has been funded by the National Institutes of Mental Health and her current work is focused on developing and testing mindfulness and acceptance intervention strategies to improve emotion regulation processes in couples with chronic pain. Dr. Cano earned a master’s degree in psychology and a doctoral degree in clinical psychology from Stony Brook University. She has a 5-year old son and resides with her husband in the Detroit, Michigan area.
LOCAL ORGANISING COMMITTEE
Prof. Sabrina Cipolletta, University of Padova / Chair
Prof. Giulia Buodo, University of Padova
Prof. Claudio Gentili, University of Padova
Prof. Luciano Gambin, University of Padova
Dr. Clelia Malighetti, University of Padova
Dr. Andrea Spoto, University of Padova

SCIENTIFIC COMMITTEE
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Dr Sabrina Cipolletta, University of Padova, Italy
Prof Enrico Ricci Bitti, University of Bologna, Italy
Prof. Robert Sanderman, University Medical Center Groningen, The Netherlands
Dr Lisa Warner, Free University of Berlin, Germany
Dr Noa Vilchinsky, Bar-Ilan University, Israel / Co-chair
Dr Gertraud Stadler, University of Aberdeen, UK
Prof. Sonia Lipitik, Jacobs University Bremen, Germany
Prof. Oliver Luminet, Catholic University Louvain, Belgium

CONFERENCE VENUE
Conference will take place at the University of Padova, Via Ugo Bassi 2, 35131 Padova, Italy.

REGISTRATION FEE
Registration fee includes access to parallel and plenary sessions, conference material, daily coffee breaks, daily lunches (Wednesday to Friday), welcome reception and access to the opening and closing ceremony. Conference Dinner is included in Full Registration Fees only.

ACCESS TO THE CONFERENCE
Wearing your conference badge is mandatory during all conference activities.

CONFERENCE PROCEEDINGS
Conference Proceedings are available for download. Please check the conference website for more information.

CERTIFICATE OF ATTENDANCE
A certificate of attendance will be offered to all delegates along with the conference bag at the Registration/Support Desk.

LANGUAGE
English is the official language of the conference. No oral translation will be available.

WIFI
Free WIFI is available throughout the venue. Connection procedure and code are available at the welcome desk.

CONFERENCE WORKSHOPS
The conference workshops will take place on Tuesday, 29 Aug at the Venue in the following rooms: Aula G, I, A, B C & D.

OPENING CEREMONY
The opening ceremony will take place on Tuesday, 29 Aug between 18:00 - 19:30 at the Palazzo della Ragione. The Palazzo with its great hall, 82m x 27m x 24m height, was built in 1219 and is reputed to have the largest roof unsupported by columns in Europe; the walls are covered with allegorical frescoes; the building stands on arches, and the upper storey is surrounded by an open loggia.

The Opening Ceremony will be followed by the Welcome Reception in Café Pedrocchi.

CLOSING CEREMONY
The closing ceremony will take place after the conclusion of the conference programme, on Saturday, 02 Sep in Aula C.

KEYNOTE LECTURES
The keynote lectures will be held daily in Aula C. See Scientific Program for more details.

PARALLEL SESSIONS
The parallel sessions will be held at the Venue. There will be 8 parallel sessions, 3 times a day (except for Saturday).

All lecture halls are equipped with a computer running Microsoft Power Point only. Please bring a USB stick in advance of your session and upload onto the laptop in your scheduled room. Volunteers in each lecture hall will help with your presentation. Individual computers are not accepted.

INTERACTIVE POSTER SESSIONS
Poster sessions will be held at the University Restaurant (Ristor ESU Nord Piovego), located in Via Ugo Bassi. Poster numbers are in the scientific programme section of this handbook and on the respective poster boards. Authors are required to put their posters up the morning of the day on which their poster is scheduled (between 09:00 - 11:30). Authors must stay by their posters and give a 3-4 minute presentation when instructed to, by the session chair. Posters must be taken down at the end of the day. Posters not taken down will be removed.

VOUCHERS
Participants need to present their vouchers (provided in the plastic pocket at the back of their name badge) for all social activities (Daily Lunches, Welcome Reception and Conference Dinner).

COFFEE BREAKS & LUNCHES
All coffee breaks and lunches will be provided in the University Restaurant (Ristor ESU Nord Piovego), located in Via Ugo Bassi.

EHPS DISCUSSION FORUM
The EHPS Discussion Forum will be held on Wednesday, 30 Aug between 12:00 - 14:00 in Aula A. Delegates attending this meeting will be directed to specific lunch stations in the University Restaurant (Ristor ESU Nord Piovego) at 12:00, as to take their lunch before the meeting.

EHPS MEMBERS MEETING
The EHPS Members Meeting will be held on Thursday, 31 Aug between 12:30 - 14:00 in Aula A. Delegates attending this meeting will be directed to specific lunch stations in the University Restaurant (Ristor ESU Nord Piovego) at 12:00, as to take their lunch before the meeting.

EHPS NATIONAL DELEGATES MEETING
The EHPS National Delegates Meeting will be held on Friday, 01 Sep between 12:30 - 14:00 in Aula H. Delegates attending this meeting will be directed to specific lunch stations in the University Restaurant (Ristor ESU Nord Piovego) at 12:00, as to take their lunch before the meeting.

AWARDS & FELLOWSHIPS
The European Health Psychology Society has two Early Career Awards: The Herman Schaalma PhD Award and the EHPS Early Career Award.

The Herman Schaalma award for an outstanding PhD thesis in health psychology is awarded annually to acknowledge a PhD dissertation in the field of health psychology of outstanding excellence in terms of originality, significance and rigour. The award aims to highlight excellence in PhD level research and to reinforce early career researchers to address key challenges in health psychology and adopt novel and rigorous theory and methodology. The award is named after Professor Herman Schaalma, in memory of an outstanding scholar and mentor in health psychology who sadly died on 25 July 2009.

EHPS Early Career Award aims to recognize outstanding research excellence, contributions made to the EHPS and/or contributions to professional practice, made by EHPS members within 5 years of their PhD.

EHPS Honorary Fellowship. EHPS Fellowship is the highest grade of membership. Since its inception in 2005, 22 Honorary Fellows were elected. EHPS Fellowship is awarded to EHPS members in recognition for their exceptional contribution to the advancement or dissemination of health psychology knowledge or practice either by research, training, publication or public service.

The Herman Schaalma Award, the EHPS Early Career Award and the EHPS Honorary Fellowships, will be awarded during the Opening Ceremony.

Poster Awards: All posters are eligible for nomination for the Best Poster Awards, provided they meet the requirements and guidelines of the EHPS. This year’s Poster Awards will be announced during the closing ceremony.

REGISTRATION / SUPPORT DESK OPENING HOURS
Tuesday, 29 Aug 08:00 - 17:00
Wednesday, 30 Aug 08:30 - 17:00
Thursday, 31 Aug 08:30 - 17:00
Friday, 01 Sep 08:30 - 17:00
Saturday, 02 Sep 08:30 - 13:00

WELCOME RECEPTION
When: Tuesday, 29 Aug Time: 19:30
Where: Café Pedrocchi

The Welcome Reception is the first social gathering between all conference delegates. This will take place at Café Pedrocchi, which is adjacent to the Palazzo della Ragione (where the Opening Ceremony will be held). The Pedrocchi Café is one of the nicest buildings in the city centre, founded in the 18th century. It has architectural prominence because its rooms were decorated in diverse styles by the architect Giuseppe Jappelli, as well as historical prominence because of its role in the 1848 riots against the Habsburg monarch.

This will be an evening of networking and fun: participants will be served drinks and an array of canapés. An experienced DJ will play popular hits.

After the conclusion of the Welcome Reception, participants will be able to continue their fun. Party will follow at the same place between 21:00 - 24:00 and drinks will be at a cost-cash bar (special negotiated rates for the conference). The DJ will keep playing until midnight.

Welcome Reception (19:30 - 21:00) is inclusive in all Registration Fees. Price per accompanying person: €30.00

SHORT TOUR & CONFERENCE DINNER
When: Thursday, 31 Aug Time: 18:15
Where: City of Padova & Villa Foscarini Rossi

We will get together in front of the NH Padova hotel at Via N. Tommaso 61, 35131, from where we will promptly depart in coaches for a beautiful drive and short walk in the city. Experienced professional guides will tell us about the history of Padova. A nice drive through surrounding areas in Padova will lead us to Villa Foscarini, a 17th century prominent architectural building with renovated frescoes and works of Contini, Jappelli and Scamozzi, that was an aristocratic family holiday home, turned into a museum.

A sumptuous buffet of local and international dishes will be offered in the beautiful gardens, accompanied by Italian wines with background music, under the stars.

Between 23:00 - 01:00 the night will continue for the more adventurous with an expert DJ and a cash bar. Buses will wait for the late leavers.

Conference Dinner is inclusive only in Full Registration Fees. Conference Dinner Cost: €60.00
POSTERS PLAN / UNIVERSITY RESTAURANT (RISTOR ESU NORD PIOVEGO)

Poster sessions will be held at the University Restaurant (Ristor ESU Nord Piovego), located in Via Ugo Bassi. Poster numbers are in the scientific programme section of this handbook and on the respective poster boards.
BENEFITS OF MEMBERSHIP INCLUDE

Reduced rates for EHPS conferences where you will have plenty of opportunities for networking with key researchers and to participate and/or propose and organise workshops

Access to EHPS grant opportunities

Opportunity to publish in EHPS’ new Open Access Journals Health Psychology and Behavioural Medicine and Health Psychology Bulletin at preferential rates

Access to our established journals Psychology and Health [IF 1.983] and Health Psychology Review [IF 8.976]

Receiving our bulletin The European Health Psychologist

Receiving news about career opportunities, calls for papers, and other relevant news for health psychologists

Possibility to engage in our Practical Health Psychology Blog: a blog about cutting edge Health Psychology and how to apply it in practice

Our mission is to translate research to practice, one blog post at a time. Our National Editors are recruited through the EHPS Society. They provide their expertise and translate the blog posts. We aim to distribute findings from health psychology research to the practitioners using several European languages.

We would like to encourage you to check out our blog and to sign-up for our monthly posts.

Many thanks and warm greetings from the Editorial Team of the Practical Health Psychology Blog!

THE PRACTICAL HEALTH PSYCHOLOGY BLOG

The Practical Health Psychology Blog www.practicalhealthpsychology.com is a new initiative within the European Health Psychology Society (EHPS). It is a blog about cutting edge Health Psychology and how to apply it in practice. Our aim is to translate rigorous and peer reviewed research submitted by world leading experts to simple and clear blog posts which are translated into several European languages.

Our mission is to translate research to practice, one blog post at a time. Our National Editors are recruited through the EHPS Society. They provide their expertise and translate the blog posts. We aim to distribute findings from health psychology research to the practitioners using several European languages. If your first language is different than English, feel free to distribute it among your colleagues who may benefit from the translation. We cover English, Bulgarian, Czech, Danish, Dutch, Finnish, French, German, Greek, Hebrew, Hungarian, Latvian, Lithuanian, Polish, Portuguese, Romanian, Russian, Slovak and Ukrainian.

We would like to encourage you to check out our blog and to sign-up for our monthly posts.

Many thanks and warm greetings from the Editorial Team of the Practical Health Psychology Blog!

ARE YOU A MEMBER?

If not, join the EHPS at www.ehps.net/ehps-membership and become part of our great network!

If you have any questions about membership, contact

EHPS Office
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Phone +357 22 591900
Fax +357 22 591700
Email info@ehps.net
Website www.ehps.net

CONFERENCE COORDINATORS

Easy Conferences Ltd has been in business since 1992 and has been specializing in the complete coordination and organization of conferences and all related activities. Through the development of its own online registration software, in recent years the company has expanded its operations in various countries. We have extensive experience in organizing events ranging from 20 to 2000 participants. We consult, manage and assist in every step of the process of any event, and strive to deliver top professional service throughout.

Our services extend from digital support, media promotion, conference website development and management, management of all related activities, complete interaction with suppliers and participants, online/on-site registration with secretariat, technical equipment and 24/7 phone support. We are adaptable and extremely flexible as we are aware of the unique requirements and budget restrictions that each conference may have. Our services may be provided on an all-inclusive or on an a-la-carte basis.

Special emphasis should be given to our own custom-made, one-stop-shop Conference Management System, www.easyconferences.org, which offers participants the ability to sign up and within minutes, submit papers which can be evaluated online, register for the conference and workshops, book accommodation, airport transfers, social activities (participants and accompanying persons) and other related services, and finally pay for all services instantly online.

Our extensive experience and personal attention to every participant’s needs, backed up by a careful selection of our team and also the right partners, has created an impeccable track record that is our guarantee for watertight planning and coordination.

Please visit our company website, www.easyconferences.eu, for more information on our services, a list of upcoming and completed events, and several referrals from satisfied customers.

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Fax +357 22 591700
Email info@easyconferences.eu
Website www.easyconferences.eu
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<td>15:30 - 17:00 Interactive Posters &amp; Coffee (ESU University Restaurant)</td>
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<td>17:00</td>
<td>17:00 - 18:00 Keynote Lecture (Aula C) Fabio Lucidi Social cognitive mechanisms regulating doping intention and use: research and intervention</td>
<td>17:00 - 18:00 Keynote Lecture (Aula C) Sherry Pagoto Healthcare social media (#HCSM): A new approach to studying and promoting health behavior</td>
<td>17:00 - 18:00 Keynote Lecture (Aula C) Rory O’Connor Suicide as (health) behaviour: towards a psychological understanding of suicidal behaviour</td>
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<td>18:00</td>
<td>18:00 - 19:30 Opening Ceremony (Palazzo della Ragione)</td>
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<td>20:00</td>
<td>19:30 - 21:00 Welcome Reception (Café Pedrocchi) (Party will follow until midnight)</td>
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<td>No.</td>
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<tr>
<td>T1</td>
<td>eHealth and mHealth</td>
<td>The use of information technology, social media, or mobile and wireless devices in health psychology research and interventions</td>
<td>Dr. Katherina Kassavou, Dr. Jennifer Iraunen</td>
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<tr>
<td>T2</td>
<td>Individual Differences and Health</td>
<td>Individual differences variables in relation to health and illness</td>
<td>Dr. Ewa Gruczynska, Dr. Nia Vlckovina (SC 2017)</td>
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<tr>
<td>T3</td>
<td>Stress and Coping</td>
<td>The influence of psychosocial demands and resources on emotional distress, coping and health outcomes (except coping with chronic illness, see “Coping with Chronic Disease” track)</td>
<td>Dr. Julie Turner-Coff, Prof. Oliver Luminet (SC 2017)</td>
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<tr>
<td>T4</td>
<td>Self-Regulation in Health and Illness</td>
<td>Contributions related to goal or self-regulation theory, including self-determination theory, the common sense model and illness perceptions</td>
<td>Dr. Pamela Rackow, Prof. Shenna Orbell</td>
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<tr>
<td>T5</td>
<td>Coping with Chronic Disease</td>
<td>Coping with chronic disease and its consequences (except interventions, see “Interventions in Chronic Disease” track)</td>
<td>Dr. Felicity Bishop, Dr. Joe Chitto</td>
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<tr>
<td>T6</td>
<td>Coping with Pain and Psychosomatic Issues</td>
<td>Health and illness related issues associated with pain or psychosomatic issues (except interventions, see “Interventions in Chronic Disease” track)</td>
<td>Dr. Line Caes, Dr. Edmund Keogh</td>
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<tr>
<td>T7</td>
<td>Interventions in Chronic Disease</td>
<td>Interventions delivered to people diagnosed with chronic disease or high risk groups (e.g., hypertension, obesity), focused on quality of life or health behavior</td>
<td>Dr. Andreas Schwertfeger, Dr. Martine Goedendorp</td>
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<tr>
<td>T8</td>
<td>Health Psychology and Ageing</td>
<td>Issues in health and illness with a focus on older age and/or age (e.g., disability)</td>
<td>Dr. Apama Shankar, Dr. Nana Hatsteff</td>
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<tr>
<td>T9</td>
<td>Social Support, Caregiving, and Health</td>
<td>The influence of social support and caregiving on health outcomes (of recipients and/or providers)</td>
<td>Dr. Anne Hickey, Dr. Nadia Griva</td>
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<tr>
<td>T10</td>
<td>Health, Families, and Children</td>
<td>Issues in health and illness associated with development of children and adolescents and with family relations</td>
<td>Dr. Heather Buchanan, Dr. Angelaio Bogosian</td>
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<tr>
<td>T11</td>
<td>Well-being and Quality of Life</td>
<td>Health, illness and positive aspects such as positive emotions, life satisfaction, and functioning</td>
<td>Dr. Diane Dixon, Dr. Stans Grossaert</td>
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<tr>
<td>T12</td>
<td>Health Behaviour Change Models</td>
<td>The application of theoretical models (e.g., social cognition models, dual process models) to the prediction of health behaviour, and research on health behaviours</td>
<td>Dr. Stephan Dombrowski, Dr. Mark Conner</td>
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<tr>
<td>T13</td>
<td>Health Behaviour Change Interventions</td>
<td>Theory-based interventions aimed at health behaviour change</td>
<td>Dr. Gudrun Sprinsseser, Prof. Jutta Mata</td>
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<tr>
<td>T14</td>
<td>Public health and Health Promotion</td>
<td>Public health interventions delivered to a group or population, including environmental interventions and interventions at the workplace (for work and health, see “Occupational Health” track)</td>
<td>Prof. Niil Harkonen, Prof. Marit Hagedorn (SC 2017)</td>
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<tr>
<td>T15</td>
<td>Health Care Communication, including Risk Perception</td>
<td>Communication with health professionals (e.g., doctor patient), including perception and communication of health risk (e.g., genetic risk and progression of health risk information)</td>
<td>Dr. Anne Marie Plass, Dr. Gozde Cakmak</td>
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<tr>
<td>T16</td>
<td>Health Services Research</td>
<td>Quality of health care, medical performance and medical mistakes</td>
<td>Dr. Sarah Tonkin-Olive, Dr. Lucie Byrne Davis</td>
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<tr>
<td>T17</td>
<td>Culture, Social Change and Health</td>
<td>Cultural or socioeconomic aspects of health and illness, and health effects of social change, critical health psychology</td>
<td>Dr. Carina Chan, Dr. Sahida Parwana</td>
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<tr>
<td>T18</td>
<td>Occupational Health</td>
<td>Research on the influence of work and organisational factors and environments on health and disease</td>
<td>Prof. Sonia Lippke, Dr. Amelina Casim</td>
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<tr>
<td>T19</td>
<td>Psychopharmacology, Psychoneuroimmunology and Neurophysiology</td>
<td>Psychobiological aspects of health and illness, psychoneuroimmunology, endocrinology, cardio-vascular psychopharmacology and neurophysiology</td>
<td>Dr. Daniel Powell, Prof. Mark Croyde</td>
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<tr>
<td>T20</td>
<td>Methodology</td>
<td>Methodological issues in health psychology – techniques, analyses, and critiques, including research on recruitment, informed consent and retention</td>
<td>Dr. Alexandra Ierma, Dr. Gertraud Stadler (SC 2017)</td>
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<tr>
<td>T21</td>
<td>Implementation Research</td>
<td>Theory, methods and evidence to promote the uptake of research findings into routine clinical work with patients and family members and in organisational or policy contexts</td>
<td>Dr. Jenny McSharry, Dr. Justin Prosser, Dr. Jenny McSharry (SC 2017)</td>
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<td>09:00-10:00 AM</td>
<td>Oral Session</td>
<td>Reinout Wiers, Jan Keller, Susanne, Don Byrne, Amy Wachholtz</td>
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<tr>
<td>10:15-11:00 AM</td>
<td>Oral Session</td>
<td>Martin Dempster, Marijn de Bruin, Martin Dempster, Amy Wachholtz</td>
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<tr>
<td>11:15-12:00 AM</td>
<td>Oral Session</td>
<td>Eimear Morrissey, Jennifer Stinson, Edmond Keogh, Jennifer Stinson</td>
<td>Aula B</td>
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Serious illness and chronic conditions in childhood and adolescence (T10)
Chair: Olivier Luminet
Maren Forquchi Life engagement: a predictive variable of quality of life in adolescents survivors of cancer?
Elisa Korn de Castro PSSO symptoms in survivors of childhood cancer
Kendra Homan Postural orthostatic tachycardia syndrome (POTS) and disordered eating in adolescents
Marco Bonanno Psychologists perception of adolescents with serious illnesses and their transition to the adult healthcare system
Anne-Emmanuelle Kräger Assessment and support for children with dual diagnosis of Down Syndrome and Autism Spectrum Disorder
Michela Tais Olivia Neurocognitive functioning of paediatric patients with postural orthostatic tachycardia syndrome (POTS)
Marigabria Monaci The impact of socioeconomic and income inequalities on adolescent gambling behaviors
Serge Sultan Sensitivity to change of the distress thermomether in a sample of pediatric cancer survivors

Health-related behaviours across the lifespan (T10)
Chair: Adriana Baban
Natalia Dernovšček Hafner Frequency of alcohol use by youth: is perceived parental control an important predictor?
Maria Asada Drinking behavior of pregnant women and mothers of infant in Japan
Jane Hlubickova Energy drinks consumers-who they are? The profile of adolescents reporting regular energy drinks consumption
Dana Bubalouka Excessive internet use in youth subcultural affect of family factors
Anna Janovka Factors linked to tobacco smoking and alcohol drinking of juveniles
Zuzana Danilkovicu Veselka Body image and health complaints among adolescents: does the form of weight reduction behaviour matter?
Marita Hennessy Exploring active ingredients in early life health professional delivered interventions to prevent childhood obesity: a systematic review

Positive psychology interventions to improve well-being (T11)
Chair: TBA
Frida Shere: The effect of motivation and perceived intervention efficacy for positive wellbeing interventions
Martin Regidor Lazina How positive psychology can invest health psychology by "methods target?"
Aiko Honda Gratitude induction and death anxiety reconsidered
Marie Leleova Sans et moitié An art-therapy device for a best quality of life
Natalia Romankevich The effects of mindfulness therapy on the perception and descriptions of daily experiences among depressed individuals
Karen Hajer Effects of mentally subtracting positive events on emotions in Japanese college students
Cristina Quinones Testing the effectiveness of a brief mindfulness intervention for intensive intern users

Quality of life and well-being after disease (T11)
Chair: Teresa Gavaruzzi
Melita Rukavina Quality of life in patients with malignant diseases
Isabell Pawlowska Women with family cancer history are at risk for poorer physical quality of life
Hadi Zamanian Development of a comprehensive psychosocial model to predict quality of life of Breast cancer patients
Pippa Adams The mental health of patients with Hereditary Angioedema (HAE)
Neiko Kamba Factors influencing the well-being of adult Atopic Dermatitis patients
Hedidj Majid-Talani A cognitive Predicting model of quality of life among adolescent survivors of childhood cancer
Teresa Gavaruzzi Patients with mild polycythaemia coil: long term quality of life after surgery vs. endoscopy

Predictors of healthy and (un)healthy behaviors (T12)
Chair: Irina Todorova
Anna Maria Annor The influence of trait anxiety and outcome expectations on tobacco consumption
Sangatee Singh Binge drinking and associated risk behaviors amongst youth in three ethnic groups in Malaysia
Stefanie Ebel Understanding oral health behaviour – psychological predictors of systematic toothbrushing behaviour
Ulrike Weik Using video observation to understand oral hygiene behavior - how do 18-year-olds brush their teeth?
Dominic Coren Benefits of social non-drinking identified by British university students: a mixed methods study

Underlying cognitions for behaviors in the illness context (T12)
Chair: Konstadina Driva
Muhamad Ali Alif Ibrahim Determinants of antibiotic prescribing for URTIs among emergency department physicians: a qualitative analysis
Alice Le Bonnie What are the obstacles and aids to participation in colorectal cancer screening? A qualitative study
Yauso Shimazu Does stress management behaviour model based on HAPA predict japanese high school students’ stress response? Response?
Safa Bhanji How do different women believe about smoking behavior? Evidence based tools for intervention
Carolin Muschall An integrated approach towards behaviour change: the influence of implicit and explicit cognitions on red-meat consumption

Prevention and interventions in health psychology (T13)
Chair: Evangelos Karamaras
Amnest Schneider The role of behavioural science in combating antimicrobial resistance
Mark Tarrant Mechanisms of action in group interventions: study for designing and delivering group based health interventions

Karene Mahviroko-Skar Developing an evidence-based pilot infant feeding behaviours intervention for childhood obesity in primary care
Krista van Mourik Intervention mapping as an approach to program selection and cultural adaptation: stress in child rearing
Marcella Peretta Effectiveness of goal framing and individual versus collective appeals in promoting flu vaccination acceptability
Sofia Parada Growth mindset intervention among French students, and its articulation with positive coping strategies

Screening, prevention and donation (T14)
Chair: Yael Ben-Yishay
Anastasia Tapa Psychosocial and sociodemographic factors influencing colorectal cancer screening uptake: a qualitative analysis
Charlotte Baquiapui Which social representations about cancer related to HPV infection and HPV vaccine from teenagers?
Vassiliki Siakara Barriers and facilitators to HPV vaccination in greek youth population
Avielle Gashel The brakes and levers to HPV vaccination
Natalia Antonova Factors influencing the consent towards biobank donation

Physical and mental health promotion (T14)
Chair: Jerry McNerney
Kristina Zardcakala-Malhulieni Difficulties in emotion regulation of novice male traffic offenders
Anastasia Benarita Chesmes: definition and healthcare-access matter
Rakca Tomsa The relationship between technology use, anxiety and depression: Findings from a Romanian sample
Barbara Buch (Understanding the social trajectories in Luxembourg: Implementation of a study utilizing patient’s diaries)
Kristina Zardcakala-Malhulieni Co-students and professionals of psychology differ in stigmatizing attitudes towards mentally ill
Andrea Romeo Ten year trends in suicidality bullying, and gun carrying among U.S. Latino youth

Interventions in health services research (T16)
Chair: TBA
Evgeny Taratukhin An eplastic tool for facilitation of person-centered relationships in cardiovascular care
Maria Marques Adaptation of a questionnaire assessing factors related to type 2 diabetes advice by healthcare professionals
Adrie Bouma Motivation and decision making in referrals to lifestyle interventions by primary care general practitioners
Lorelise Dismore Facilitating and inhibiting thematic constructions of Hospital at Home-care (Hart) for COPD patients
Konstantinos Tsatsalos Theory-based interventions in the healthcare-associated infections field: an integrative review
Mauro Priolo Blood histamine in radiotherapy practitioners dermopotent perception
Suzanne Skewington Investigating a community intervention to promote quality of life and help-seeking for potential cancer symptoms
Suhana Begum Exploring experiences of people using what and the health care professionals supporting them to quit

Gender, Sexuality and Health (T17)
Chair: Iain Williamson
Makko Kazai How the gender related personalities relate their attitude and knowledge about LGBT and their gender identity
Iain Williamson A mixed methods evaluation of a health intervention for British black and ethnic minority gay men
Radomir Mesarov Exploring narratives of excised autonomy
Iain Williamson Shifting masculinities amongst men diagnosed with breast cancer: a multi-method phenomenological inquiry
Ingrid Ghiseli Representations of infertility as reflected in on-line discussion forums in Romania
Danila Muntele Hendrea Gender and family income role in coping with academic difficulties. Romanian adolescents perspective
Celia Hairer Sen Women’s cancer screening: individual differences, norms, and mechanisms in two cultures

Job stress and burnout (T18)
Chair: Margot van der Doef
Tijana Redolonic Association between workaholism and perceived health
Ewa Wiczk-Rutczka Job burnout and empathy in physicians and nurses
Aukse Endrulaitiene Burnout in mental health care professionals: does culture, profession and self-stigmata of seeking help matter?
Patricia Dalgropesenna How does secondary traumatic stress and burnout syndrome differ among nursing professionals?
Vincenza Capone Mediation role of teacher burnout for depression. Relationships with efficacy beliefs, job satisfaction, school climate
Margot van der Doef A comprehensive assessment of the Person-environment fit dimensions and their relationships with workrelated outcomes

Innovative assessment tools in health psychology (T20)
Chair: John Reidy
Alexandra Dima Measuring health behaviours with electronic healthcare data: the case of medication adherence
Francisca Serra Health-related quality of life evaluation through formal psychological assessment
Ke Jong Cheung How to measure smoking cessation, is there consensus? A Delphi study
Sanam Rajoobeer Usability and validity of visual research methodology to identify social cues related to eating
Gogem Topcu Exploring Multiple Sclerosis clients’ experiences of participating in a ‘Photovoice Study’ using a framework approach
Ivan Jacob Pesigan An illustration of meta-analytic structural equation modeling in health psychology
Camille Vansimaeys What are the benefits of network analysis in health psychology? The example of post-stroke depression
John Reidy A psychometric evaluation of the Life Essentials Assessment Framework (LEAF)
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<th>Time</th>
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<tr>
<td>10:00</td>
<td>Symptoms and Interventions to Change Eating Behaviour (T13)</td>
<td>Chair: Efrat Kemenes</td>
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<td>Daniela Ungaro, Violani, Cristiano, Mayumi Hirosaki</td>
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<td>10:30</td>
<td>Interventions to reduce risky drinking among young people</td>
<td>Chair: Svetlana Gavriilova</td>
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Thursday, 31 Aug / Parallel Sessions 09:00-10:30
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<tr>
<td>14:00</td>
<td>Aula A</td>
<td>mHealth, mood, stress and wellbeing (T1)</td>
<td>Katrin Ziesemer</td>
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<tr>
<td>14:15</td>
<td>Aula A</td>
<td>Do daily fluctuations in inhibitory control predict alcohol consumption? An ecological momentary assessment study</td>
<td>Andrew Jones</td>
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<td>14:30</td>
<td>Aula A</td>
<td>Shelby Lange: Is variability in a smartphone-based ecological momentary assessment to capture relationship communication?</td>
<td>Katrin Ziesemer</td>
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<td>14:45</td>
<td>Aula A</td>
<td>Deborah H. Wall: The behavioural signature of snacking – a visual analysis</td>
<td>Francisco Taveras</td>
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<tr>
<td>15:00</td>
<td>Aula A</td>
<td>Fermin Martinez Zaragoza: Perception of demand and control, effort and reward, of daily tasks, in hospital ward nurses</td>
<td>Eva Maria Rauther</td>
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<tr>
<td>15:15</td>
<td>Aula A</td>
<td>Maria de Leon Torres: Mood and stress: how physical and social evaluative stressors impact emotional inertia</td>
<td>Kiona Weisel</td>
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<tr>
<td>15:30</td>
<td>Aula A</td>
<td>Social media and online support (T1)</td>
<td>Efrat Neter</td>
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<tr>
<td>15:45</td>
<td>Aula A</td>
<td>Sonya Karabelova: Life on the internet and happiness</td>
<td>Efrat Neter</td>
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<tr>
<td>16:00</td>
<td>Aula A</td>
<td>Wendy Chua: Using social media to generate and collect primary data: the #WithHIVtoWorkPlaceCampaign Twitter research campaign</td>
<td>Karen Shepherd</td>
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| 16:15     | Aula A                                          | Neil Coulson: Therapeutic affordances within trinitius online support communities: an analysis of member-generated content in asynchronous forums | Samet Mav 
| 16:30     | Aula A                                          | Soner Tas: Anaglogic attitudes toward suicide: conformity in online chatting room | Daniela Cassi |
| 16:45     | Aula A                                          | Daniela Cassi: Risks and resources of internet: the role of virtual community | Efrat Neter   |
| 17:00     | Aula A                                          | Food porn in social media and eating behaviors                      | Dick Whiteman |
| 17:15     | Aula A                                          | Enhancing the independence of older adults with social media and smart home technologies | Dick Whiteman |
| 17:30     | Aula A                                          | Individual differences and health promoting behaviors (T2)          | Ewa Groszyńska |
| 17:45     | Aula A                                          | Michael Mantzios: Exercise Status moderates the relationship between mindfulness/self-composition and Body Mass Index | Davide Camicci |
| 18:00     | Aula A                                          | Dario Beretta: Optimism bias and dispositional optimism: implications for health and behavioural change | Cinzia Violini |
| 18:15     | Aula A                                          | The benefits of positivity in sustaining psychosocial health in a sample of unemployed workers | Patrizia Bozzella |
| 18:30     | Aula A                                          | The predictors of self-care for health among parents with small children | Yuka Haga |
| 18:45     | Aula A                                          | The effects of self-efficacy and positive feedback on positive emotion and task performance | Nils Ciselli |
| 19:00     | Aula A                                          | Stress and coping in youth and adolescence (T3)                      | Sahida Parseen |
| 19:30     | Aula A                                          | Megumi Oikawa: Effects of studying on repressed on positive and negative affect | Stefano Mirabile |
| 19:45     | Aula A                                          | Joanna Mokni: Conduct problems, perceived school difficulties, and peer problems in adolescent: a vulnerability stress perspective | Enas Nagi |
| 20:00     | Aula A                                          | Enas Nagi: Effects of listening to computer generated music | Enas Nagi |
| 20:15     | Aula A                                          | Exploring the role of gender in internalizing and externalizing behavior among maltreated youth | Darya Cristescu |
| 20:30     | Aula A                                          | Exploring the role of gender in internalizing and externalizing behavior among maltreated youth | Darya Cristescu |
| 20:45     | Aula A                                          | Jordi Fernández Castro: Relationship between emotional intelligence and coping styles among young people | Jordi Fernández Castro |
| 21:00     | Aula A                                          | Self-regulation in chronic illness (T4)                             | Pamela Rackow |
| 21:30     | Aula A                                          | Francesca Simonetti: Health-related quality of life in patients receiving hematopoiesis after autologous therapy | Reem Al-Zamel |
| 21:45     | Aula A                                          | Pia Rivett: The Experience of children with diabetes | Pia Rivett |
| 22:00     | Aula A                                          | Emily Gwinn: Differences in temporal discounting in an online sample of people with chronic pain and controls | Emily Gwinn |
| 22:15     | Aula A                                          | Roman Oktav: Suicide risk: a 10-year follow-up study | Roman Oktav |
| 22:30     | Aula A                                          | The behavioral signature of snacking - a visual analysis | Roman Oktav |
| 22:45     | Aula A                                          | The behavioral signature of snacking - a visual analysis | Roman Oktav |
| 23:00     | Aula A                                          | The behavioral signature of snacking - a visual analysis | Roman Oktav |

**Thursday, 31 Aug / Parallel Sessions 14:00-15:30**

**Thursday, 31 Aug / Interactive Posters 15:30-17:00**

**Thursday, 31 Aug / Symposium**
Friday, 01 Sep / Parallel Sessions 07:00-12:30

3:40

Aula A

Oral Session

Aula B

Oral Session

Aula C

Symposium

Aula D

Symposium

Aula E

Symposium

Aula F

Symposium

Aula G

Roundtable

Aula I

Oral Session

Aula J

Oral Session

Dx: Determinants of wellbeing

Chair: Ann Ojala

09:00

Melanie Haustr The positive effects of character strengths on the well-being of medical students over time

09:15

Aina Ojala The role of relationships with nature and outdoor recreation on people's health and wellbeing

09:30

Paul M. Camit Reflections on a prescription: a social preoccupation intervention for isolated older adults

09:45

Sjohann O'Nell Sleep duration and its relationship to the effects of technology use on quality and duration

10:00

Maria Bacikova-Sastova Developmental changes in resilience and life satisfaction during early adolescence

10:15

Loes Jansen How do we identify and support people who are at risk of addiction

10:30

Coffee Break (ESU University Restaurant)

Aula A

Oral Session

Aula B

Oral Session

Aula C

Symposium

Aula D

Symposium

Aula E

Symposium

Aula F

Symposium

Aula G

Roundtable

Aula I

Oral Session

Aula J

Oral Session

Relevance and adaptability in coping with stressful life experiences (T3)

Chair: Paula Repetto

11:00

Monika Maria Małeckiewicz Can the experience of trauma increase the propensity to actively cope in a stressful situation

11:15

Ralf Schwarzer Mechanisms of self-regulation and coping strategies: an example of People in the military

11:30

Khatuna Martakashvili The ways of coping does it lead to post traumatic growth

11:45

Paula Repetto The role of self-esteem and the relationship between secondary stressors associated with a earthquake (Lamanda and PTSD)

12:00

Nelly Goldauro Religious coping strategies as a way to cope with stress

12:15

Məğərgin Dərgəntz Healthcare practitioners’ experiences and relationship issues on the mental interventional care unit context

12:30

Sabideh Panahi The role of obligation, willingness and effectiveness of caregivers when supporting a relative with dementia

12:45

Lunch (ESU University Restaurant) & EHEP National Delegates Meeting (Aula H)
Friday, 01 Sep / Parallel Sessions 14:00-15:30

1. Acceptance and adoption of mHealth (T1)
   Chair: Eline Smits
   Dick Whiddett: User acceptance of Electronic Health Records: the relationship between comfort levels and consent
   Kathleen Ryan: Psychosocial correlates of weight loss in an eHealth intervention among Type 2 diabetes mellitus patients
   Eline Smits: Identifying autonomy-supportive message frames in online health communication
   Ciaka Honing: Does smoker profile determine adoption of a decision aid to improve evidence-based cessation support uptake?
   Stuart G. Ferguson: How does within-individual variation in self-efficacy predict smoking behaviour?
   Dennis de Ruiter: Use and appreciation of a tailored counseling intervention for practice nurses: a multimeethod process evaluation

2. Individual differences and mental health (T2)
   Chair: Talma Kushe
   Mihô Nakajima: Self-insight and depressive symptoms: the causal relationship between them
   Laura Antonia Lehner: Individual differences in psychiatric rehabilitation success, depending on mood state at the time of admission
   Nijole Gostautaitė: Midliff Suicide and self-harmed health among outpatients with depression and schizophrenia
   Hilène Kaya left: Time perspective and anxiety in adult with major depressive disorder
   Galina Kozhukhova: Types of adults with different levels of social anxiety and conflict behavior
   Anastasia Benoache: Are tattoos linked to positive body image and affective personality traits?
   Chiara Sacchi: Adverse childhood experiences and early-adult somatization: the role of romantic attachment in a female group

3. Individual differences in special health-related conditions (T2)
   Chair: Melanie Jaipa
   Milan Bres: Psychological characteristics of the patients of rhinoplasty surgery
   Olga Razumnikova: Relationships between quality of life and intellectual or emotional abilities depending on brain tumor localization
   Jurga Misiuniene: Links between ischemic heart disease patient’s personality traits and intelligence
   Puhan Huang: Mindfulness and virus: the negative association between mindfulness and hepatitis B virus concentration
   Alexes Ruffach: Associations of lifetime trauma exposure andobaric surgery outcomes in adults with obesity
   Melanie Jaipa: Does growing up with a chronically ill or disabled sibling affect ones’ personality?

4. Severe forms of stress (T3)
   Chair: Magnus Efffom
   Magnus Effom: Pre-rehabilitation beliefs and appraisals predict post discharge dependent coping strategy and functional independance in SCI
   Violta Rotarou: Research on the relationship between anxiety, stress and binge eating
   Carole Fantini: The anxiety course during predictive genetic testing protocol for HBOC or HNPCC in pre-symptomatic persons
   Ana Bogdan: Posttraumatic stress symptoms in parents of sick neonates
   Stefan Griswol: Attributed shame and negative attitudes towards STI testers: a threat management perspective

5. Self-regulation in health promotion and disease prevention (T4)
   Chair: Theda Radtke
   Stacey Oliver: Motivational and environmental contributors to incidental physical activity
   Elisa Kerr de Castro: Breast cancer prevention: what women think about the illness, its risks and self-care
   Elvireina Phelps: Impact of negative mood on health goals’ perception
   Eline Roosdijk: Determinants of (dis)appetite in physical activity and dietary behaviors: a systematic review on prospective studies
   Anise M.S. Wu: Psychological need satisfaction, gaming motives, and internet gaming disorder

6. Adherence to treatment and self-management (T5)
   Chair: Paula Repetto
   Ana-Maria Schweitzer: Adherence to antiretroviral medication in Romanian HIV patients: is about talking or timing?
   Daniela Husev: Do adolescents with diabetes mellitus type 1 perceive barriers to active participation?
   Davide Mazzone: The health engagement of patients with Systemic Lupus Erythematosus
   Paula Repetto: Esaculation and medication use: are people prepared to evacuate with their meds?
   Jörg Huber: Caring on living the challenges of type 1 diabetes for young adults

7. Psycho-oncology (T5)
   Chair: Marit Hagedoorn
   Zahra Masood: Psychometric properties of the Persian version of Brief Religious Coping Scale in breast cancer patients
   Marina Wopervlage: Fear of recurrence in women with cancer
   Anna Trzeciakowa: A mixed methods investigation of the experience of being diagnosed with a brain tumour
   Magda Oliver: Positive changes in the aftermath of cancer experience
   Marie Saramago: Well-being at work of couples facing return-to-work after cancer: resources and reciprocal adjustment
Factors contributing to functional outcomes in pain and psychosomatic illness (T6)
Chair: Line Caes

Sónia Bernardez When and why pain-related social support for functional dependence leads to older adults’ pain-related disability
Raphael Azayza Posttraumatic growth and acceptance: two different pathways to cope with chronic pain
Christel Vissel Psychosocial factors associated with pain in patients treated by haemodialysis: a 2-month follow-up protocol
Sofía López Rigoli Beliefs about walking in forearmgymia, the role of distress, fear of movement, pain and disability
Lorelie Dizman A triangulated double blinded, prospective, cohort study on patients’ perceptions of pain following foot orthotic surgery

Interventions in Health psychology (T7)
Chair: Andrew Thompson

Francesca Venturi An investigation of restructuring in Existential Therapy to patients suffering from anxiety and depression
Andrea C. Schilf A communication training for persons with rheumatic and musculoskeletal diseases – a formative evaluation
Andrew Thompson Innovations in providing psychological support to people with conditions affecting appearance
Charlene Hillier Relapse prevention: attachment and cue-aversion psychotherapy
Mare Lekere A supportive care + art therapy + assessment in oncology

Social and familial support in times of severe illness (T9)
Chair: Anita De Longis

Susana Moclotiello The experience of distress and growth in family caregivers of oncological palliative care patients
Charlotte Dassonneville The impact of globalization on patients affective, cognitive, social skills and caregivers’ quality of life
Isabelle Hempler Post-stroke care after medical rehabilitation from the perspective of patients, their relatives and clinical experts
Christel Vissel Patients’ and their relatives’ experience of Chronic Inflammatory Arthritis: a perspective for Therapeutic Patient Education
Alekandra Kromekhe Well-being in couples undergoing infertility treatment: the impact of support exchange
Lucie Montalescot What is the role of relatives in treatment choice of patients with advanced chronic kidney disease?

School-based factors and interventions in health (T10)
Chair: Guillermo Julian Gonzalez Perez

Guillermo Julian Gonzalez Perez Family and school factors associated to favorable attitudes toward firearms in Mexican adolescents
Kazuyo Mori Effects of the introductory coaching workshop for preschool teachers
Koji Yamatsu Flexibility is better predictor of academic performance than endurance capacity in Japanese children
Maria Guadalupi Vega-Lopez Factors associated with dating violence in high school students from Guadalajara, Mexico
Marcos Echeverri Self-control, parental monitoring, and risky behavior among Slovak pupils

Determants of well-being (T11)
Chair: TBA

Alexandra Huber Dose-response relationship between physical activity and health-related quality of life in cardiac patients
Josipa Erdeki Health and cognitive determinants of subjective quality of life
Vincenzo Capone Husky beliefs about health and well-being, what relationship?
Ryol Oguro Relation among character strengths, positive-empathy, and subjective happiness
Marla Kukarni Life satisfaction as a mediator of the relationships between perception of economic threat and emigration intention
Renata Gorki The reciprocal relationships between satisfaction of basic psychological need and adolescents’ subjective well-being
A Trzeciakiewicz-Green Time perspective and the satisfaction with life of Polish and Spanish students
Lisa Gudenkof Associations between benefit finding and quality of life after hematopoietic stem cell transplantation

Innovative concepts in health psychology (T12)
Chair: Aleksandra Luszczynska

Tammie Sagiv-Schlifer Cultural adaptation to promote and maintain healthy lifestyle
Boris Brandhorst Getting closer to your future to change the present: results from a year long longitudinal study
Anne Hasse What drives patient behavior change in periparative interventions? a systematic review of mechanisms of prehabilitation
Liam Robson An examination of STI testing influences for young people in primary care
Simon Kunz Perceived posttraumatic growth after spinal cord injury: actual or illusion?

Interventions on ingestive behaviors (T13)
Chair: Outiainen Zerhouni

Merie van Roosmalen Social norms: can we use them to promote healthy eating?
Shoji Ohtomo Moderator factors in diet priming intervention to reduce unhealthy snacking
João Carvalho Disentangling motor inhibition from response training effects on unhealthy food choices and desire to eat
João Carvalho Effects of motor inhibition and response training on food choices and evaluations: a pre-registered study
Haidar Elshin Eating themselves to death “Live”: the effect of moderate/extreme Anorexia-related messages on young women

Promoting healthy behavior (T14)
Chair: TBA

Ingrid Svenhuus Portion size: latest developments and interventions
Maureen Heffer Does the hospital food environment support healthy snack choices?
Anastasia Voyta The impact of one nudge in a company restaurant on the experienced autonomy of employees
Luka Johanna Debbeler Tastier, healthier, better - but which? Exploring reasons for bottled and for tap water consumption
Zoltan Abrami Personal and non-personal influence on smoking habits of Romanian adolescents
Mareike Fransen Measuring resistance towards health messages
Ryo Takahashi Comparison of physical conditions and lifestyles between adults and the elderly in suburbs of Laos
Mareike Fransen Verbal and physical aggression in youth football: the role of the social environment

Health care delivery: perspectives of professionals and patients (T16)
Chair: Val Morrison

Rebeka Beesley Paediatric epilepsy services from the carer perspective: the contribution of Epilepsy Specialist Nurses (ESNs)
Aida Pranczecicene Self-stigma of seeking help in Lithuanian and US mental health care students and professionals
Wieke van der Berg Fatigue in patients with End Stage Renal Disease (ESRD): views and experiences of health professionals
Jocelyn Handy Navigating identity conflicts within private optometry: New Zealand optometrists’ reflections on a transforming industry
Luana Valletta The perceived quality of health promotion partnerships

Measures and assessments in occupational health (T18)
Chair: Derek Johnston

Rie Ishikawa Socio-Emotional Skills scale to assess the effectiveness of coaching for Japanese workers and university students
Renato Pisanti Psychometric properties of the Italian version of teacher self-efficacy scale
Friedrich Marcotte The perceived stress at work scale
Katarzyna Olej Psychosocial hazards at work and alcohol abuse among Prison Service officers in Poland
Patricia Dalagasperina Post traumatic stress and secondary traumatic stress in nursing professionals: different constructs?
Yoko Matsuda-Chapman The effects of coaching-based communication skills training for managers

Psychophysiology of health and behaviour (T19)
Chair: Daryl O’Connor

Martin Kopp Is decision making in hypoxia affected by pre-acclimatisation? A randomized controlled trial
Oksana Zaschirinska Characteristics of understanding of verbal and nonverbal stimuli by the students with mild retardation
Manuel Ortiz Psychosocial predictors of Metabolic Syndrome in Chilean adults
Aydin Perminas Congruence between physiological and emotional reactivity to stressors of Type A Individuak
Marina Petrash Occupational and psychological determinants of health protective behavior: age aspect
Marina Petrash Occupational factors, coping strategies and perceived stress among professionals with different resistance of nervous reaction
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**Saturday, 02 Sep**

**State of the Art**

- **Chair**: Heike de Vries

**Maximising the value of contextual influences**

- **Chair**: Laura Belmon

**Systematic reviews and predictors of adherence in developing countries**

- **Chair**: Jenny McSharry, Elaine Toomey

**Psychological and behavioral change interventions around new approaches**

- **Chair**: Martin S. Hagger

**Social support and health functioning after surgery**

- **Chair**: Marijke Melles

**Understanding the role of educational interventions to improve adherence to health-related behaviours**

- **Chair**: Karen Matvienko-Sikar, Ewa Gruszczynska

**Activity-friendly environment for children’s well-being and health psychology**

- **Chair**: Ana Luísa Patrão

**Cultural adaptation of recommender systems and feasibility assessment of a web-based-computer-recommendation system**

- **Chair**: Alejandro Luszczynska

**Cystic Fibrosis: comparing self-management goals and adherence trajectories**

- **Chair**: Suellen E. Coelho

**Barriers and motivations affecting dietary adherence in young girls**

- **Chair**: Huiping Wang

**Psychosocial predictors of health-related quality of life among children with cystic fibrosis**

- **Chair**: Cécile Vermeulen

**Changing multiple health behaviors prior to major surgery: surgery as a teachable moment**

- **Chair**: Madelynne A. Arden

**Latent class analysis of psychosocial predictors of adherence to self-management after bariatric surgery**

- **Chair**: Santiago Hors-Fraile

**Designing effective self-management interventions for children and adolescents with chronic conditions**

- **Chair**: Elke Montijn

**Integrating principles of commitment therapy in intervention context: theory-based interventions versus self-help materials**

- **Chair**: Rachel S. Ainsley

**Interventions to reduce antibiotic prescribing in primary care: a systematic review and meta-analysis**

- **Chair**: Giorgia Gon

**Partner responses to emotional disclosures of pain-related distress: Thinking outside the operant box**

- **Chair**: Mariët Hagedoorn

**Brains are better than one!**

- **Chair**: Mike Drury

**Which domains of mental health and well-being matter to caregivers of persons with academic disabilities?**

- **Chair**: Brian A. M. Jellema

**Understanding the role of educational interventions to improve adherence to health-related behaviours**

- **Chair**: Karen Matvienko-Sikar, Ewa Gruszczynska

**Psychosocial predictors of health-related quality of life among children with cystic fibrosis**

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- **Chair**: Brian A. M. Jellema
The months May, June, July, August and September have nice weather with a good average temperature.

PLACES TO VISIT IN PADOVA

Basilica of St. Anthony, often called Basilica di San Pietro. The basilica is a complex stately palace dedicated to St. Anthony, its founder, who was canonized in 1232, a year after St. Anthony’s death.

The Basilica del Santo, is a complex stately palace dedicated to St. Anthony, its founder, who was canonized in 1232, a year after St. Anthony’s death.

PLACES TO GO NEARBY PADOVA

- Venice, the capital of northern Italy’s Veneto region, is built on more than 100 small islands in a lagoon in the Adriatic Sea. It has no roads, just canals – including the Grand Canal thoroughfare – lined with Renaissance and Gothic palaces. The central square, Piazza San Marco, contains St. Mark’s Basilica, which is tiled with Byzantine mosaics, and the Campanile bell tower offering views of the city’s red roofs.

- 254 kms from Padova
You can travel by car or train.

- The Palazzo del Te is a stately palace built between 1563 and 1589 by Giorgio Asola. It is considered one of the most important palaces of the Lombard-Romantic style.

- The Palazzo della Ragione, meaning of reason). The palace of justice (hence the appelation the Ragione, meaning of reason). The palace separates Piazza delle Erbe from Piazza dei Frutti, the seat of the daily fruit and vegetable market.

- Piazza delle Erbe, Padova
+39 049 8205006

- Basilica of St. Anthony, often called Basilica di San Pietro. The basilica is a complex stately palace dedicated to St. Anthony, its founder, who was canonized in 1232, a year after St. Anthony’s death.

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- Piazza delle Erbe, Padova
+39 049 8205006

- Cappella degli Scrovegni - Capella degli Scrovegni, dedicated to St. Mary of the Conception, is the most important masterpiece of Western art. The frescoes, which narrate events in the lives of the Virgin Mary and Christ, cover the entire walls. On the wall opposite the altar is the grandiose Universal Judgement, which concludes the story of human salvation.

- 121 kms from Padova
You can travel by car, bus or train.

- Verona - Verona is a city in northern Italy’s Veneto region, with a medieval old town built between the meandering Adige River. It’s famous for being the setting of Shakespeare’s “Romeo and Juliet.” A 14th-century residence with a tiny balcony overlooking a courtyard is said be “Juliet’s House.”

- 96 kms from Padova
You can travel by car, bus or train.

- Bologna - Bologna is the lively, historic capital of the Emilia-Romagna region, in northern Italy. Its Piazza Maggiore is a sprawling plaza lined with arches, colonnades, cafes and medieval and Renaissance structures such as City Hall, the Fountain of Neptune and the Basilica di San Petronio.

- 121 kms from Padova
You can travel by car, bus or train.

- Lago Di Garda - Lake Garda is the largest lake in Italy. It is a popular holiday location and is located in northern Italy, about halfway between Brescia and Verona, and between Venice and Milan.

- 127 kms from Padova
You can travel by car, bus or train.

- Trieste - Trieste is the capital city of the Friuli Venezia Giulia region in northeast Italy. A port city, it occupies a thin strip of land between the Adriatic coast and Slovenia’s border on the limestone dominated Karst Plateau. Italian, Austro-Hungarian and Slovenian influences are all evident in its layout, which encompasses a medieval old city and a neoclassical Austrian quarter.

- 183 kms from Padova
You can travel by car or train.

- Milan - Milan, a metropolis in Italy’s northern Lombardy region, is a global capital of fashion and design. Home to the national stock exchange, it’s a financial hub also known for its high-end restaurants and shops. The Gothic Duomo di Milano cathedral and the Santa Maria delle Grazie convent, housing Leonardo da Vinci’s mural “The Last Supper,” testify to centuries of art and culture.

- 254 kms from Padova
You can travel by car or train.

- RESTAURANTS/CAFES/PIZZERIAS

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<th>Name</th>
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<tr>
<td>Caffe Pedrocchi</td>
<td>Caffe/Ristorante</td>
<td>+39 049 878 1231</td>
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<td>Osteria L’Alfora</td>
<td>Ristorante</td>
<td>+39 049 656 629</td>
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<tr>
<td>Osteria Enoteca Cortese</td>
<td>Caffetteria</td>
<td>+39 337 307 4072</td>
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<tr>
<td>La Vecchia Enoteca</td>
<td>Caffe/Ristorante</td>
<td>+39 049 875 285</td>
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<td>Dalla Zita</td>
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<td>+39 049 654 992</td>
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<td>Ristorante Nana della Giulia</td>
<td>Caffe/Restaurant</td>
<td>+39 049 660 742</td>
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<td>Pizzeria Al Duomo</td>
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<td>Osteria Vita Nova</td>
<td>Ristorante</td>
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<td>La Lanterna</td>
<td>Pizzeria/Restaurant</td>
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<td>Il Grottino</td>
<td>Caffe/Ristorante</td>
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<td>Marechiaro</td>
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<td>+39 049 685 8469</td>
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<tr>
<td>Koller Kafe</td>
<td>Caffe/Restaurant</td>
<td>+39 049 655 680</td>
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</tbody>
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- Boscia Billi Bistrot (Italian/Mediterranean European Cuisine)
- Via Boccalo 35, 35139
- +39 049 875 7025
- Box Caffe (Drink & Eat) Prato della Valle 12, 35123
- +39 049 591 6852
- Gran Caffe Diemme (Drink & Eat) Piazza dei Signori, 35122
- +39 049 591 3903
- Caffe Cavour (Cafe/Ristorante) Piazzettta Cavour 10, 35122
- +39 049 875 3649
- Pasticceria Graziali (Cake Shop) Piazza Dei Frutti, 40, 35122
- +39 049 875 1014
- Caffe Madrid (Cafe) Via Giovanni Battista Tiepolo, 17, 3513
- +39 347 002 9389

- Galleria N5 sushi e drink (Japanese Food & Drink) Piazza dei Signori 5, 35137
- +39 049 735 5441
- Bar Tre Scalini (Fast Food) Via Venezia, 2, 35131
- +39 049 807 0489
- Caffe Ti Amo (Cafe/Ibar) Via Venezia, 9, 35131
- +39 049 817 6614
- La Piccola Trattoria (Restaurant) Via Rizzante di Padova, 21, 35139
- +39 049 656 163
- Il Ristorante Zairo (Pizzeria/Ristorante) Prato della Valle 51, 35123
- +39 049 663 800
- Ristorante Donna Irene (Restaurant) Vicolo Portonecri, 1, 35100
- +39 049 656 6852
- Mario & Mercedes (Restaurant) Via S. Giovanni di Verdara, 13, 35137
- +39 049 877 19731
- Orsucci (Pizzeria) Corso Vittorio Emanuele II, 18, 35123
- +39 049 875 9313
- Pago Pago (Pizzeria/Restaurant) Via Galleria Galli, 59, 35121
- +39 049 665 558
- Al Borgo (Pizzeria) Via Beato Luca Belludi, 56, 35123
- +39 049 875 8857
- Al Carmine (Pizzeria Gluten-Free) Piazza Petraia 8, 35137
- +39 049 876 4952
- Neroseppia Ristoréff (Italian/Mediterranean Cuisine) Via San Francesco 161, 35121
- +39 049 836 4049

- BARS/PUBS

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<td>+39 340 083 1060</td>
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<tr>
<td>Marie (Bar/Pub)</td>
<td>Piazza dei Signori, 31, 35139</td>
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<tr>
<td>+39 347 094 5819</td>
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</tbody>
</table>

- Nearest Police
- Ambulance
-失略
Conference Venue
University of Padova, Via Ugo Bassi 2, 35131
+39 049 8205006

Palazzo della Ragione (Opening Ceremony)
Piazza delle Erbe, 35100
+39 049 8781231

Café Pedrocchi (Welcome Reception)
Via VIII Febbraio, 15, 35122
+39 049 8781231

Hotel NH Padova
Via Tommasino 61, 35131
+39 049 8494111

Hotel Grand’ Italia
Corso del Popolo 81, 35131
+39 049 8761111

B&B Hotel Padova
Via del Pescarotto 39, 35131
+39 049 7800233

Best Western Premier Hotel Galileo
Via Venezia 30, 35131
+39 049 7702222

Best Western Hotel Biri
Via Antonio Grassi 2, 35129
+39 049 8067700

Four Points by Sheraton
Corso Argentina 5, 35129
+39 049 7908230